

# CrosSection



FALL

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## Thank You!



A big thanks to all who attended FARMAFARE and all who voted in the Board of Supervisors Election. Special thanks to all of our chefs, growers, wineries, board members, and volunteers who helped make this event great! We also want to give special mention to Ben Bebenroth for giving such an impassioned speech on sustainability, food, farming and business!

We hope to see you all again next year!

## Make Your Holidays Natural Resource Friendly

*Natalie Gertz-Young, Education/Information Coordinator*

*October through December are full of fun outings, tasty food and great gatherings, unfortunately these gatherings can use and abuse our natural resources.*

HERE ARE SOME TIPS TO HELP YOU PRACTICE CONSERVATION THIS HOLIDAY SEASON!

- Reuse holiday décor or make you own "upcycled" decorations out of old cards, discarded artificial greenery, and natural items.
- When buying products consider locally produced, durable, recycled and/or minimally packaged items. This concept applies to decorations, gifts, and even food.
- Skip the bag. Every year thousands of discarded plastic shopping bags end up in landfills, or worse in our regions forests, streams and Lake Erie. Bring your own bag and skip bags for small and oversized items.
- When you're not enjoying a fire in your fireplace, close the flue and block the hearth to prevent heat loss.
- Buy a tree grown locally to save energy associated with transportation and support a local farmer!
- Store leftovers in reusable containers.
- Compost leftover food scraps and leaves.
- After parties, fill your dishwasher to capacity before running it. You will run fewer cycles, which saves energy and water.
- Keep your septic or city sewer system clean. Remind your guests to only flush toilet paper down the toilet.
- Mix sand and salt together to reduce the amount of salt used to make your front walk and driveway safe and ice free.



For more tips visit [www.epa.gov/students/holiday.html](http://www.epa.gov/students/holiday.html)



**Lake County Soil & Water  
Conservation District**

125 E. Erie St., Painesville, OH 44077  
Phone: 440-350-2730  
East End: 428-4348 ext. 2730  
West End: 918-2730  
1-800-899-LAKE ext 2730  
Office Hours: Mon.-Fri. 7:30 am-4:00 pm  
E-mail: [soil@lakecountyohio.gov](mailto:soil@lakecountyohio.gov)  
Website: [www.lakecountyohio.gov/swcd](http://www.lakecountyohio.gov/swcd)

### Staff

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### Board of Supervisors

SKIP DUGAN (2014), Perry, Chair  
LARRY KLCO (2014), North Perry, Vice Chair  
DICK KENNELLY (2016), Willoughby, Secretary  
BRAD SHAWHAN (2015), Mentor, treasurer  
JEFF HYRNE (2015), Madison Twp., Fiscal Agent

### Member of:

Lake County Farm Bureau  
Nursery Growers of Lake County Ohio  
National Association of Conservation Districts  
Ohio Federation of Soil & Water Conservation Districts

The public is invited to attend Lake SWCD's monthly Board meetings, held the third Tuesday of the month at 4:00 pm at 125 East Erie St., Painesville. Meeting announcements appear under the public agenda in the News-Herald and on the Lake SWCD website. Please call in advance to let us know you will be attending.

# Lake County Soil and Water Conservation District

# 2025 CONSERVATION TREE SEEDLING SALE

Trees and shrubs All species are available in quantities of 5, 10, 25 or 50

**WHITE PINE** When planted in a row or grouping, this conifer species will grow quickly, form a privacy screen or windbreak and will do well in many soil types. 🌲

**EASTERN RED CEDAR** Back by popular demand, the red cedar can be trained to form a hedge or planted in a windbreak, and will provide food and shelter to wildlife. 🌲

**EASTERN HEMLOCK** Hemlocks love shade and moist, well-drained soils. The glossy, dark green needles are great for creating year-round understory in a young forest, or for creating a little privacy in a shady area. 🌲

**AMERICAN ARBORVITAE** Can be trained to form a hedge or planted in a windbreak. This evergreen provides excellent cover for wildlife. Prefers sunny, well-drained sites. 🌲

**WHITE SPRUCE** Whether you desire an ornamental or are planting Christmas trees, white spruce is just the ticket! Tolerates a variety of soils and heat better than most evergreen trees. 🌲

**AMERICAN BASSWOOD** Frequently planted along city streets, the stately American basswood would be a great replacement for lost ash trees. Its spring flowers produce copious nectar earning them the nickname "bee-tree". Likes sunny, moist to well-drained sites. 🌳

**SUGAR MAPLE** This species will allow you to take up maple sugaring while waiting for your woodlot to mature, or you can just sit back and enjoy the spectacular fall colors. 🍁

**BURR OAK** Tolerant of a variety of moisture and soil conditions, burr oak is great for urban and forest settings. Its fringed acorns are wildlife magnets. Prefers full sun. Grows 70' to 80', 80' spread. 🌳

**RED OAK** A great tree for attracting wildlife, and also a valuable timber tree. Red oak can be very fast growing in full sun conditions but does not do well in shade. 🌳

**BLACK GUM** Glossy, dark green leaves turn yellow, orange, brilliant red and purple. The bluish-black fruit is loved by many birds. Tolerates a wide range of soils and light conditions. 🌳

**RED MULBERRY** This fast growing native hardwood tree is widely adaptable to many soil conditions and has the bonus of blackberry like fruits which are desirable to humans, birds and other wildlife. 🌳

**PAW PAW** Known for its banana-like September fruits, large tropical-looking leaves and unique rich red flowers, this tree provides 3 seasons of delight. 🌳

**REDBUD** Most famous for its spring branches which are covered in pink-purple flowers. This well behaved shade-loving tree is a perfect landscape tree as it rarely grows larger than 20'. 🌳

**BUTTONBUSH:** Great at controlling erosion on pond edges and streambanks, this shrub could grow in a bathtub. It has spherical white flowers and provides food and cover for wildlife. 🌳

**PUSSY WILLOW:** This multi-stemmed native shrub is the perfect addition to that soggy spot in your yard or to the streambank in need of erosion control. Male plants produce the characteristic fuzzy grey catkins in early spring. 🌳

**WITCH HAZEL** A large shrub with intriguing crooked branches and zig-zagged twigs. It is prized for spidery yellow flowers that bloom in late fall. Does well in sun or shade. 🌳

**SPICEBUSH** This understory shrub/small tree with lemon-scented foliage and red berries is great for attracting wildlife like swallowtail butterflies and songbirds. 🌳

**FLOWERING DOGWOOD** A small tree known for its large, white spring flowers, and red berries and purple foliage in the fall. 🌳

**RED-OSIER DOGWOOD** This multi-stemmed shrub will be at home in a wet part of your yard. It will put on a show of white flowers in the spring, white fruits in the fall and its namesake red bark in the winter. 🌳

## More backyard conservation goodies

**WISHING WELL COMPOSTER** Compost yard and food waste with this 35-gallon compost bin. Lightweight and with an open bottom this composter is easy to use.

**NATIVE SEED BALLS** These balls are a fun way to spread native seed. They contain clay, compost and native grass and wildflower seeds so all you have to do is throw and watch them grow! Each bag contains 1 dozen.

**BIRDHOUSES** Bluebird, wren, bat and wood duck/screech owl. The houses come unfinished and ready to hang.

**TREE FLAGS** White flags on wire to help minimize mower casualties.

**GARDEN COVER CROP SEEDS** Walnut Creek Seeds beneficial cover crop mix contains a mix of grasses, cover crops and flowers will improve soil while attracting beneficial insects. Plant in spring for summer color along the side of the garden. 1/4 lb bag covers 15-30 sq ft

**RAIN BARREL** A closed system, including a downspout diverter, 55 gallon barrel, and necessary hardware.

# Order Form

Please fill out front and back of form and return to  
Lake SWCD by March 13, 2015

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

\_\_\_\_ CHECK HERE ONLY IF YOU ARE A NEW CUSTOMER OR AN UPDATE TO OUR MAILING LIST.

\*\*\*OFFICE USE ONLY\*\*

CHECK # \_\_\_\_\_ CASH \_\_\_\_\_

DATE \_\_\_\_\_ RECEIPT # \_\_\_\_\_ SWCD EMPLOYEE INITIALS \_\_\_\_\_

EXTRA NOTES: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SPECIES/ITEM	# OF SEED-LINGS PER PACKET/ QUANTITY	PRICE	# OF PACK-ETS	TOTAL (PRICE X # OF PACKETS)
White pine	5	\$4		
	10	\$8		
	25	\$16		
	50	\$24		
Red cedar	5	\$4		
	10	\$8		
	25	\$16		
	50	\$24		
Eastern hemlock	5	\$10		
	10	\$20		
	25	\$40		
	50	\$80		
American arborvitae	5	\$4		
	10	\$8		
	25	\$16		
	50	\$24		
White spruce	5	\$6		
	10	\$12		
	25	\$24		
	50	\$48		
American basswood	5	\$16		
	10	\$32		
	25	\$64		
	50	\$128		
Sugar maple	5	\$8		
	10	\$16		
	25	\$32		
	50	\$48		
Burr oak	5	\$10		
	10	\$20		
	25	\$40		
	50	\$80		
Red oak	5	\$10		
	10	\$20		
	25	\$40		
	50	\$80		
Black gum	5	\$10		
	10	\$20		
	25	\$40		
	50	\$80		
Red mulberry	5	\$10		
	10	\$20		
	25	\$40		
	50	\$80		

SPECIES/ITEM	# OF SEED-LINGS PER PACKET/ QUANTITY	PRICE	# OF PACK-ETS	TOTAL (PRICE X # OF PACKETS)
Paw Paw	5	\$18		
	10	\$36		
	25	\$72		
	50	\$144		
Redbud	5	\$12		
	10	\$24		
	25	\$48		
	50	\$96		
Buttonbush	5	\$14		
	10	\$28		
	25	\$56		
	50	\$112		
Pussy willow	5	\$14		
	10	\$28		
	25	\$56		
	50	\$112		
Witch hazel	5	\$14		
	10	\$28		
	25	\$56		
	50	\$112		
Spicebush	5	\$12		
	10	\$24		
	25	\$48		
	50	\$96		
Flowering dogwood	5	\$10		
	10	\$20		
	25	\$40		
	50	\$80		
Red-oiser dogwood	5	\$10		
	10	\$20		
	25	\$40		
	50	\$80		
Wishing well composter	1	\$50		
Native seed balls	1 dozen	\$5		
Bluebird house	1	\$12		
Wren house	1	\$12		
Bat House	1	\$16		
Duck/owl house	1	\$30		
Tree flags	20	\$1		
Garden cover crop seeds	1/4lb	\$6		
Rain barrel	1	\$65		

Subtotal	
Packaging fee (required on all plant orders)	\$5
Total	\$

## To order:

- Fill out the form on the previous page. Keep this page for reference.
- Orders will not be processed until payment is received.
- *Sorry, we cannot take credit cards.*
- **Place orders by March 13.** Any order placed after that date will be subject to availability.
- Send form, along with check or money order to:

**LAKE SWCD  
125 E. ERIE ST.  
PAINESVILLE OH 44077**

## To pick up your order:

- Tree pickup will be in the Natural Resources Building at the Lake County Fairgrounds, 1301 Mentor Ave.
- Pick-up times are Friday, April 17 from 9 AM to 6 PM and Saturday, April 18 from 9 AM to Noon.
  - If you provide your email you will receive a pickup reminder.
- Lake SWCD is not responsible for orders that are not picked up by noon Saturday. If you cannot pick up your trees, please make arrangements for someone else to pick them up.
- Orders will be distributed in 5 gallon buckets, and should fit in most cars.
- There may be additional seedlings and conservation gifts for sale on pick-up day. Walk-ins are welcome but subject to availability.

We reserve the right to make substitutions if necessary. The plants are nursery inspected to be disease-free. Lake SWCD cannot guarantee their survival after distribution. Planting instructions will be provided when you pick up your trees.



## Why Trees?

Trees and forests improve stream quality and watershed health primarily by decreasing the amount of stormwater runoff and pollutants that reaches our local waters. Trees and forests reduce stormwater runoff by capturing and storing rainfall in the canopy and releasing water into the atmosphere through evapotranspiration. In addition, tree roots and leaf litter create soil conditions that promote the infiltration of rainwater into the soil. This decreases flooding and erosion downstream. And helps to replenish our groundwater supply and maintain streamflow during dry periods.

In addition to these stormwater benefits, trees provide a host of other benefits such as improved air quality, reduced air temperatures in summer, reduced heating and cooling costs, increased property values, habitat for wildlife, and recreation and aesthetic value.

## Symbol Key





Recycled Paper

## From the Farmer, to Your Table

### INGREDIENTS

#### LENTILS

3 T olive oil  
1/2 large red onion, diced  
3 large carrots, diced  
2 stalks, celery, diced  
2 large beets, peeled and diced  
4 cloves garlic-rough chopped  
3-5 sprigs fresh Thyme  
1 Bay leaf  
1 1/2 C small black lentils (black caviar, beluga or Puy)  
4 C chicken or vegetable stock  
1/2 tsp salt  
salt and pepper to taste  
1 C fall beer (Octoberfest or pumpkin ale would be nice), or stock

splash balsamic vinegar  
2- 3 T browned butter (optional but delicious)

#### GOAT CHEESE:

8 ounces soft goat cheese, toss it in the freezer for 15 minutes

1 egg  
1/2 cup flour  
1 cup panko bread crumbs  
2 tablespoons flat leaf parsley, minced

1/2 teaspoon kosher salt  
1/4 cup Olive oil for frying

#### BRUSSELS SPROUTS

1 pound Brussels sprouts  
Drizzle olive oil

### Beer and Beet Braised Lentils with Roasted Brussel Sprout Confetti and Fried Goat Cheese

*Beet-infused lentils make a great healthy side dish for any night of the week. For a special vegetarian meal try them with the fried goat cheese, and roasted Brussels sprout confetti.*



### INSTRUCTIONS

#### LENTILS

In a large heavy bottom pot or dutch oven, heat olive oil over medium high heat. Add onion, carrot, beets and celery, and saute for 5 minutes, until slightly softened. Turn heat to medium, add garlic, lentils and herbs and sauté for 2 more minutes.

Add stock and salt. Bring to a boil. Once boiling, cover with lid, and turn heat to low, maintaining a gentle simmer. Simmer for 30 minutes.

After 30 minutes, add the beer, taste for salt, add more if necessary, and continue simmering on low for 10-15 more minutes or until tender. If you feel there is too much liquid for your liking, keep the lid off, and increase the heat, letting it reduce.

#### FRIED GOAT CHEESE

Beat the egg until fluffy in a small bowl. Put the flour in a small dish. Gently mix together the panko, parsley and salt in a small dish.

Divide the soft goat cheese into 8 even discs. Lightly dredge the cheese in flour and pat any extra off. Dredge the cheese through the egg. Then gently coat the cheese with the panko bread crumb mixture. In a medium sauté pan, heat the olive oil to medium-high heat. Fry the goat cheese balls until golden brown about 1 1/2 minutes on each side.

#### BRUSSELS SPROUTS

Shred the Brussels Sprouts very, very thinly with a sharp knife, mandolin, or shredding blade of the food processor. Lay the shaved Brussels sprouts on a baking sheet. Cover with olive oil, salt, and pepper. Put in the oven on broil for 5-10 minutes or until golden brown/browned.

#### TO SERVE:

Serve in a bowl topped with roasted Brussels sprout confetti and fried goat cheese cake. Drizzle with balsamic vinegar and browned butter.